

# NOW YA KNOW

Issue 47  
July 2026

## AIA Awards open for submission

An AIA award represents the highest recognition of impactful and exemplary achievements in architecture and design. Applications **due by 5 PM EST Thursday, August 6, 2026.**

**Start your application or nominate someone today.**

## WELLNESS POLICIES FOR YOUNG ARCHITECTS

Designing workplaces that reduce burnout and support wellbeing.



### WORK POLICIES

- Flexible Work Hours
- Work-from-Home Policy
- Hybrid Work Options
- Overtime Compensation
- Mandatory Recovery Breaks

### EMPLOYEE BENEFITS

- 100% Health Insurance
- Mental Health Coverage
- Annual Health Check-ups
- Fitness & Wellness Stipends
- In-office Meditation Sessions

### PHYSICAL ENVIRONMENT

- Access to Natural Daylight
- Ergonomic Workstations
- Zen & Focus Rooms
- Site Safety Equipment
- Nutritious Breakroom Snacks

### WORKPLACE CULTURE

- Team-building Activities
- Manager Burnout Training
- "No Meeting" Focus Blocks
- Structured Mentorship Programs
- Innovative Project Roles

## AIAU Call for Contributors and Reviewers

AIA seeks contributors with expertise in AI, AEC workflows, ethics, BIM, or digital practice to review its self-paced AI Microcourse Series for architects, ensuring accuracy, relevance, and practical usefulness.

**Sign up here.**



Congratulations to **Sarah Woynicz, AIA**, 2025 YAF Chair, on her election to the **AIA Board of Directors**. Looking forward to the impact she will make on the AIA Board as she helps shape the future of architecture and advance a more inclusive, equitable profession.

## Open Mic Night Finding Your Fit Aligning Values, Work, and Purpose

Thursday, August 13th  
at 6:00pm EST



Shalini Agrawal Emily Grandstaff-Rice, FAIA Ryan Murphy, AIA Sarah Potzler AIA,



**NCARB has updated the Competency Standard**, providing a consistent foundation for future licensure assessments and support NCARB's ongoing efforts to create more flexible, competency-based pathways to practice.

Check it out [HERE](#)

## NEW JERSEY is the diner capital of the WORLD.

With over 500 diners and only 564 towns in the state, there is roughly 1 diner in every town in the state.

# Young Architects Forum

**AIA** Member group

**You got a story to tell?  
Want to get subscribed?**

Write us at:  
[yafknowledge@gmail.com](mailto:yafknowledge@gmail.com)